TAPROOT
CHIROPRACTIC & WELLNESS

New Patient Intake Form

Name: _____ Date: _____/_____/_____

Preferred Name: _____ DOB: _____ Gender: _____

Address: _____

City, State, Zip: _____

Email: _____

Cell #: _____ Home #: _____

Do you want e-mail or text appointment reminders? **E-mail / Text / None**

Marital Status: M / S / W / D Name of Spouse: _____

Do you have children? Y / N How many: _____ Ages: _____

Names: _____

Who would you like to have access to your records?
(in Texas, spouses cannot have access to records without consent or power of attorney)

_____

If you would like us to update your MD, OB, DO, PT, or Midwife about your care, please provide their name and number:

_____

Who can we thank for referring you? _____

Do you have Medicare? Y / N
If yes, this clinic is a Non-Participating Medicare Provider. Please see front desk staff.

Name: _____ Date: _____/_____/_____

Lifestyle Questions:

What kind of care are you in need of? (circle one)

Wellness Care **Pain/Symptom Relief** **Pain Relief Followed by Wellness Care**

Have you ever been under chiropractic care in the past? Y /N

If Yes, when was your last adjustment? _____ How was your experience? _____

What is your level of commitment to yourself, your life, and your Well-Being? High / Medium / Low

How is your diet: Good / Fair / Poor Are you seeking any help with nutritional counseling? Y/N

What is your daily fluid intake? _____ How many hours do you sleep per night? _____

Do you exercise? What do you do and how often? _____

What are your play and relaxation activities? _____

What type of work do you do? _____ Do you enjoy it? _____

Familial History--circle all that apply:

Key: M=mother, F=father, S=self, O=other

Stroke: M / F / S / O : _____

Cancer: M / F / S / O : _____

Diabetes: M / F / S / O : _____

High Blood Pressure: M / F / S / O : _____

Heart Disease: M / F / S / O : _____

Other Serious Illnesses:_____

Past History of Surgery:

Date _____ Procedure:_____

Outcome:_____

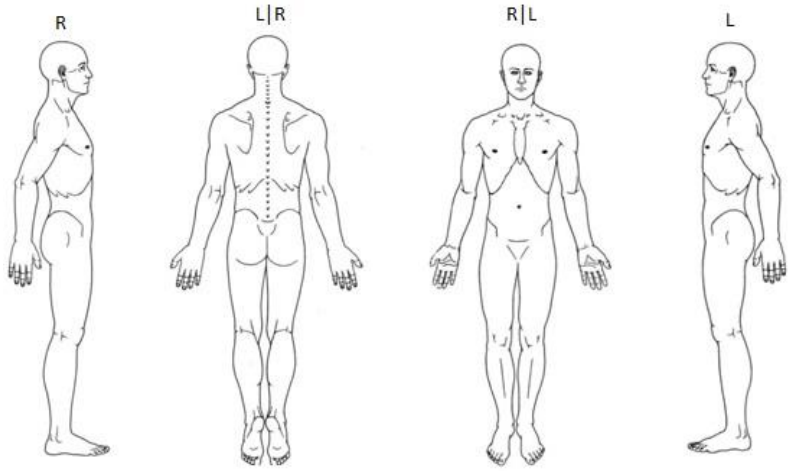
Date: _____ Procedure:_____

Outcome:_____

Name: _____ Date: _____/_____/_____

History of Current Complaint

Circle your complaint areas on the body diagram and label them with the corresponding numbers below.



Complaint #1: _____

When did this first begin? _____ Is this the first time this has happened? **Y / N**

Did you have an accident/injury? **Y / N** if yes, describe: _____

Anything make this feel better or worse? _____

Have you seen any other doctors for this condition? **Y / N** did they take x-rays or an MRI? **Y / N**

On a scale of 0-10 how is your pain right now? _____ At it's worst? _____ At it's best? _____

Describe the frequency of your pain: **Constant Frequent Intermittent Occasional**

What does it feel like (aching, burning, dull, sharp, tight, numb, etc)? _____

Complaint #2: _____

When did this first begin? _____ Is this the first time this has happened? **Y / N**

Did you have an accident/injury? **Y / N** if yes, describe: _____

Anything make this feel better or worse? _____

Have you seen any other doctors for this condition? **Y / N** did they take x-rays or an MRI? **Y / N**

On a scale of 0-10 how is your pain right now? _____ At it's worst? _____ at it's best _____?

Describe the frequency of your pain: **Constant Frequent Intermittent Occasional**

What does it feel like (aching, burning, dull, sharp, tight, numb, etc)? _____

Name: _____ Date: _____/_____/_____

If you have other complaints/concerns, please describe below:

_____

_____

_____

_____

_____

_____

_____

_____

Stress Survey

Key: P=Past issue C=Current issue N=Never an issue

Physical Stress:	**Choices:**	**Please explain:**
Birth Traumas (as mother or a child)	P C N	
Slip/Falls	P C N	
Car Accidents	P C N	
Sports Injuries	P C N	
Physical Abuse	P C N	
Work Injuries	P C N	
Poor Posture	P C N	
Sitting on your wallet for years	P C N	
Sleeping Position i.e. stomach/side	P C N	
Extensive Computer Work	P C N	
Carrying Heavy Purse/Book bag/Child	P C N	
Repetitive Lifting/Bending	P C N	
Driving for Many Hours	P C N	
Continuous Hours Standing/Sitting	P C N	
Bone Fracture/Surgery	P C N	
Headaches/Migraines	P C N	

Name: _____ Date: _____/_____/_____

Neck Pain	P C N	
Mid-Back Pain	P C N	
Low Back Pain	P C N	
Pregnancy	P C N	

Although physical stress is the reason most people seek chiropractic care, emotional and chemical stresses can affect your body's healing ability. Knowing the extent of these stresses can better help the doctor determine your prognosis.

Emotional Stress:

Relationships	P C N	
Career	P C N	
Children	P C N	
Money	P C N	
Fast Paced Life	P C N	
Hold in Feelings	P C N	
Quick Tempered	P C N	
Verbal Abuse	P C N	
Perfectionist	P C N	
Sickness or Loss of Loved One	P C N	

Chemical Stress:

Environment i.e. pollution	P C N	
Smoker/Amount	P C N	
Second Hand Smoke	P C N	
Poor Diet	P C N	
Caffeine/Amount	P C N	
Artificial Sweeteners	P C N	
Over the Counter Drugs (i.e. Advil, Tylenol, Aspirin)	P C N	
Recreational Drugs	P C N	
Alcohol intake	P C N	# of drinks/wk:

Name: _____ Date: _____/_____/_____

Anything additional that you would like the doctor to know?

_____

_____

_____

Please List all Prescription drugs and vitamins/supplements:

_____

_____

_____

Patient Signature: _____ Date: _____